



SUPPORTED LIVING HOUSING SERVICES

ABOUT US



Medhealth Care and Support Ltd is a team of mental health practitioners that have worked with children, young adults, the elderly, and their families for many years. We also have extensive experience working with people who have mental health issues as well as physical and learning challenges.

Our supported living service aims to provide you with the option to live freely while receiving assistance from our personnel as needed. Our dedicated team will help you by utilising outcome- and strength-based techniques that capitalise on your skills and talents. This is made better by the fact that they keep getting training and help, and are always being watched to make sure they give good care and support.

We think that everyone has the right to make their own decisions and live their life as they see fit. Our tenancy agreement provides any individual living in our housing with the same rights as anyone living in their own housing.

PERSONALISED SUPPORT

We aim to provide care and support using a person centred approach that has positive outcomes for you or your loved one.

Full consent is mandatory, and family or loved ones are involved in developing and consenting to your care plans.

More so, we will co-operate with other services and professionals to help maximise self independence.

This promotes a holistic care and support plan that aims to improve physical health, emotional health and general well-being.

Our operations are vigorously evaluated and monitored to ensure that we are achieving our stated aims and purpose. Feedback from you or/ and loved ones is welcomed as it is used to improve service being provided. Also, our care and support is flexible to respond to changing needs or requirements.



OUR HOMES



We offer quality, stable, safe, and semi-independent accommodation for people with serious and enduring mental health problems.

Who we support

A typical resident profile is as follows:

- Diagnosed mental health problem and dual diagnosis of substance misuse and/or a learning disability
- In receipt of secondary mental health services and has a community care plan in place
- Possibly subject to CTO
- Over 18 years of age
- Male or female
- May have a history of challenging behaviour
- May have a history of failing to engage with services

How we care and support you:

- Maintaining tenancy
- Managing finances
- Dealing with correspondence
- Accessing education, training and employment
- Daily living skills such as cooking and healthy eating
- Building confidence, resilience and self-esteem
- Accessing other services
- Developing social skills
- Planning a successful move-on



Next steps

To find out more about our
service, call us on
TEL:0333 335 5877
MOB: 0798 438 8946

or email us on
info@med-health.co.uk

Our team will check your eligibility to receive our support and work with the local authority to ensure that relevant assessments are completed. Referral from a Social worker or team might be required.

medhealth



www.med-health.co.uk

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